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## FA Emergency Action Plan for Ridgmont Lower School

This document is intended to help deliver an effective medical response in the event of a player, member of staff, match official or spectator being injured or becoming ill whilst on our site(s) or hired pitches.

CLUB ADDRESS:- RIDGMONT LOWER SCHOOL, HIGH STREET, RIDGMONT, BEDS, MK43 OTS .
FIRST AIDER INFORMATION
WWFC - Lions Team Manager.
FIRST AID EQUIPMENT \& FACILITIES

| ITEM | LOCATION |
| :---: | :---: |
| Defibrillator | 55 School Lane, Husborne Crawley, MK43 OUZ |
| Stretcher | N/A |
| First Aid Room/Box | WWFC - Lions Team Manager medical bag. |

## ACCESS ROUTES

1. For Ambulance:- School car park accessed from Eversholt Road.
2. Pitch to Ambulance:- along rear side of school. Ensure all internal gates are opened \& clear.

## OTHER INFORMATION

Nearest Hospital address: MILTON KEYNES GENERAL, STANDING WAY, EAGLESTONE, MILTON KEYNES, MK6 5LD. TEL. 01908660033.

Directions to Hospital:- 1. Head southwest on High St towards Crawley Rd. 2 Continue onto Crawley Rd.
3. Continue onto Ridgmont Rd. 4. At the roundabout, take the 1st exit onto Mill Rd/A4012. 5. Turn right onto School Ln. 6. Turn right onto Bedford Rd. 7. At the roundabout, take the 1st exit. 8. At the roundabout, take the 1st exit onto A421. 9. At the roundabout, take the 1st exit and stay on A421. 10. At the roundabout, take the 1st exit and stay on A421. 11. At the roundabout, take the 3rd exit onto H8/Standing Way/A421. 12. At Brinklow Roundabout, take the 2nd exit and stay on H8/Standing Way/A421. 13. At the roundabout, take the 2nd exit and stay onH8/Standing Way/A421. 14. At the roundabout, take the 2 nd exit and stay onH8/Standing Way/A421. 15. At the roundabout, take the 1st exit and stay on H8/Standing Way/A421. 16. At the roundabout, take 3rd exit into Fleming Drive.
17. At roundabout, take 2 nd exit leading to $A \& E$.

Journey Time:- 14 MINUTES.

Nearest Walk in Centre:- MILTON KEYNES URGENT CARE CENTRE,
HOSPITAL CAMPUS, STANDING WAY, EAGLESTONE, MILTON KEYNES, MK6 5NG.



